

REGISTRATION FORM



About Our Founders

David H. Olson Ph.D., Founder and CEO of Life Innovations, Inc. Professor Emeritus, Family Social Science,

Karen Olson, CFO and manager for over 25 years, as well as Director of Marketing and Outreach for Life

Affiliated with Marriage and Family Institute



PREPARE/ENRICH CERTIFICATION TRAINING



DATE: 28 May 2016

TIME: 9:00am to 4:00pm

VENUE: TBC

FEES: \$500



What is PREPARE-ENRICH?



PREPARE/ENRICH is a customized couple assessment completed online that identifies a couple's strength and growth areas. It is one of the most widely used Programs for premarital counselling and premarital education. There are

also customized versions of the inventory used for marriage counselling, marriage enrichment, and dating couples considering engagement. Based on a couple's assessment results, a trained facilitator provides feedback sessions in which the facilitator helps the couple discuss and understand their results as they are taught proven relationship skills.

The PREPARE/ENRICH programme is developed by Dr David Olson, to help couples prepare for marriage (PREPARE Programme) and to enrich the marriage for those already married (ENRICH Programme).

Programme Objectives

This intensive one-day accreditation training workshop is developed for helping profession individuals to work more effectively with premarital and married couples.

The workshop teaches and certifies participants to administer, interpret and counsel using PREPARE, PREPARE-MC and ENRICH. This workshop qualifies participants to start using all four inventories with couples. They are designed to assist counsellors and couples in focusing objectively on critical relationship issues.

Each inventory is intended to assess areas in which relationships need to grow and strengths that will enable them to progress in a positive direction. This is an effective instrument to help in enriching the marital lives of the couples. The PREPARE/ENRICH inventories are comprehensive, diagnostically valuable and designed to generate a meaningful dialogue between the counsellor and the couple. The inventories have been scientifically developed to have high levels of reliability, validity and clinical utility.

Who should attend?

Psychologists / Counsellors / Social Workers / Therapist / Religious Leaders & those who are involved in marriage preparation training.

Admission Criteria

Possess a relevant tertiary education in Psychology / Counselling or Social Work and subjected to admission interview

Upon Completion, participants will receive a Facilitator's Resource Guide & Manual CD, including 2 DVDs, and a Certificate of Accreditation that will enable them to utilize the inventory for the couples they are working with.

Trainer Profile

Mr Eugene Chong, Counselling Psychologist

BSc (Psych), MSc (Coun. Psych), MSPS, MAPACS (L4S), Certified MBTI, DISC administrator, NLP Practitioner, Prepare/Enrich Seminar Director & T-JTA Trainer, CTRTC & EMDR (L1) therapist, ACA registered supervisor

Eugene is a counseling psychologist in private practice in Singapore. He is also an adjunct lecturer at various schools which offer approved psychology and counseling training programmes, from Diploma to Masters levels.

He has extensive experience in working with youth with mental health needs in various service settings. During his career as psychologist, he worked in the National University Hospital (NUH) & Singapore Association for Mental Health (SAMH). He provides clinical counseling for patients with Schizophrenia, Depression & Anxiety disorders. Besides that, he also conducts an array of psychometric tests, ranging from Intelligence, Personality, Behavioural & Cognitive and areas of research in elderly. In addition, he also conducts workshop and support groups for patients with Schizophrenia, Depression and Anxiety. Eugene has acquired different advanced clinical skills and academic qualifications, and has an immense interest in hypnosis. His orientation in his therapeutic work mainly revolves around SFBT, CTRT, EMDR and Ericksonian Hypnosis. He is certified as a choice theory reality therapist. He provides two certification courses for participants who are keen in personality and marital issues, as a seminar director for Prepare/Enrich Accreditation, a psychometric instrument for couples and T-JTA trainer for couple's personality profiling.

Beside these, he is also one of the pioneers in the setup of the Hope counseling services under Hope Centre (Singapore) and currently oversees the counseling department. In addition, he is also the committee member for the Association of Psychotherapists and Counsellors Singapore (APACS) and the committee member of Family Life Centre (FLC). He is a full member of the Singapore Psychological Society (SPS) & Association of Psychotherapists and Counsellors Singapore (L4S), and a certified master practitioner psychotherapist. He is also a registered supervisor with Australia Counselling Association (ACA) & Association of Psychotherapists and Counsellors Singapore (L4S).

He is able to conduct therapy in English, Mandarin as well as Cantonese.



Lifelong Commitment

Contact Us

199B, Thomson Road, Goldhill Centre
Singapore 307636
REGISTRATION No: 53220209X

www.seeding-minds.com
Email: eugenechong@seeding-minds.com
Contact: +65 94774227